



Boston Resident to Cycle 270 Miles to End ALS

Jane Sample will participate in the 17th annual Tri-State Trek this June 21-23

Boston, MA | January 10, 2019 – This coming June, **Boston** resident **Jane Sample** will ride in the 17th annual [Tri-State Trek](#), a three-day, 270-mile charity cycling event that raises money for ALS research. This will be **Sample's fourth year** riding in the Tri-State Trek and **she** plans to ride **270 miles** and **all three days**.

"I'm riding to help raise awareness and offer hope to those families with a loved one suffering from this horrible disease," says **Sample**.

Beginning on Friday, June 21, Tri-State Trek participants will roll out from Boston College, MA and ride approximately 100 miles a day to finish in Greenwich, CT on Sunday, June 23. All proceeds benefit the [ALS Therapy Development Institute \(ALS TDI\)](#) in Cambridge, MA, a non-profit biotech actively working to discover and develop treatments for ALS. Last year, over 270 riders took part in the Tri-State Trek and raised over \$800,000 for ALS research.

Amyotrophic Lateral Sclerosis ([ALS](#)), or Lou Gehrig's disease, is a progressive neurodegenerative disease that causes muscle weakness, paralysis, and ultimately, respiratory failure. ALS robs people of their ability to walk, move, and speak, but keeps the mind intact. At this moment, there are approximately 30,000 people in the US living with ALS, and most survive only two to five years following his or her diagnosis. Currently, there is no cure or effective treatment for this disease.

Sample's participation in the Tri-State Trek not only helps raise awareness for ALS, but also the funds for research necessary to develop effective treatments for the disease. To date, the event has raised almost \$8 million for ALS TDI. More potential treatments for ALS have been tested at ALS TDI than any other research lab, thanks to support from fundraising events like the Tri-State Trek.

This is the 17th year of the Tri-State Trek, which will take place June 21-23, 2019. To support **Sample's** efforts, please visit: <http://tst.als.net/sample2018>. For more information on riding, volunteering or donating, call 617-441-7200 or visit www.TriStateTrek.com.

About the ALS Therapy Development Institute

The ALS Therapy Development Institute is the world's foremost drug discovery center focused solely on ALS. As a non-profit biotech, its scientists actively discover and develop treatments for ALS. Led by people with ALS and drug development experts, it understands the urgent need to slow and stop this disease. For more information, visit www.als.net.

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